

Mental Health Resources

Coming out, living and working in a heterosexist and sometimes hostile environment can be difficult for many LGBT people. We often receive requests for therapists, social workers, psychologists and psychiatrists who approach their work with LGBT clients without any judgment or bias; in short, professionals who are "safe."

AFFA provides this list as a service to our community. The information posted here was provided by the mental health practitioners themselves at our request.

If you know of other counselors who should be included here, please forward their contact information to the AFFA office.

Mental Health Professionals, Listed By Specialization:

(Please note that mental health professionals with multiple areas of specialization are listed under each specialization.)

AA - Charleston Area AA - Acceptance [Link to schedule](#)

Adolescent Psychology:

[Ciri Colee, MED, MDIV, LPC](#)

[Diane Hamrick, Ph.D](#)

[Carol J. Manheim, MS, M.Ed, PT, LPC](#)

[Barbara Melton M.Ed, LPC, NCC](#)

[Dan Miller, LMSW, HS-BCP, CART](#)

[Susan Parsons, M.Ed, LPC](#)

[Linda Scott, MA, LPC, CAC](#)

[Catherine Anne Walsh, Ph.D.](#)

Anxiety and/or Anxiety Disorders:

[Christine R Bachman, Psy.D](#)

[Bonnie F. Cleaveland, Ph. D, ABPP](#)

[Ciri Colee, MED, MDIV, LPC](#)

[Katherine Donovan, MD](#)

[Norma Lynn Higgins, LISW-CP](#)

[John S. Hyatt, MA, LMFT](#)

[Carol J. Manheim, MS, M.Ed, PT, LPC](#)

[Barbara Melton M.Ed, LPC, NCC](#)

[Dan Miller, LMSW, HS-BCP, CART](#)

[Jeffrey G Nigro, LCSW-CP](#)

[Susan Parsons, M.Ed, LPC](#)

[Michael Saladin, Ph. D](#)

[Linda Scott, MA, LPC, CAC](#)

[Catherine Anne Walsh, Ph.D.](#)

Bipolar Affective Disorder:

[Katherine Donovan, MD](#)

[Barbara Melton M.Ed, LPC, NCC](#)

[Linda Scott, MA, LPC, CAC](#)

Child Psychology:

[Ciri Colee, MED, MDIV, LPC](#)

[Diane Hamrick, Ph.D](#)

[Teddy Stockwell, LPC](#)

Depression:

[Christine R Bachman, Psy.D](#)

[Ciri Colee, MED, MDIV, LPC](#)

[Katherine Donovan, MD](#)

[Norma Lynn Higgins, LISW-CP](#)

[John S. Hyatt, MA, LMFT](#)

[Carol J. Manheim, MS, M.Ed, PT, LPC](#)

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[Susan Parsons, M.Ed, LPC](#)

[Michael Saladin, Ph. D](#)

[Linda Scott, MA, LPC, CAC](#)

[Catherine Anne Walsh, Ph.D.](#)

Eating Disorders:

[Christine R Bachman, Psy.D](#)

[Norma Lynn Higgins, LISW-CP](#)

[Linda Scott, MA, LPC, CAC](#)

End of Life:

[Susan Parsons, M.Ed, LPC](#)

General Individual Psychotherapy:

[Ciri Colee, MED, MDIV, LPC](#)

[Diane Hamrick, Ph.D](#)

[Suellen Hawkins, LISW](#)

[Jeffrey G. Nigro, LCSW-CP](#)

[Susan Parsons, M.Ed., LPC](#)

[Michael Saladin, Ph. D](#)

[Linda Scott, MA, LPC, CAC](#)

Grief/Loss:

[Ciri Colee, MED, MDIV, LPC](#)

[John S. Hyatt, MA, LMFT](#)

[Barbara Melton M.Ed, LPC, NCC](#)

[Susan Parsons, M.Ed, LPC](#)

HIV/AIDS and/or Disability, Chronic Health Issues:

[Diane Hamrick, Ph.D](#)

[Norma Lynn Higgins, LISW-CP](#)

[Carol J. Manheim, MS, M.Ed, PT, LPC](#)

[Susan Parsons, M.Ed, LPC](#)

Post Traumatic Stress Disorder and/or Trauma, Abuse:

[Ciri Colee, MED, MDIV, LPC](#)

[Norma Lynn Higgins, LISW-CP](#)

[Barbara Melton M.Ed, LPC, NCC](#)

[Dan Miller, LMSW, HS-BCP, CART](#)

[Susan Parsons, M.Ed, LPC](#)

[Michael Saladin, Ph. D](#)

[Linda Scott, MA LPC, CAC](#)

[Catherine Anne Walsh, Ph.D.](#)

Psychiatry:

Noel Hunt, MD

Relationship Issues and/or Couples Counseling:

[Christine R Bachman, Psy.D](#)

[Ciri Colee, MED, MDIV, LPC](#)

[Katherine Donovan, MD](#)

[Diane Hamrick, Ph.D](#)

[Suellen Hawkins, LISW](#)

[John S. Hyatt, MA, LMFT](#)

[Carol J. Manheim, MS, M.Ed, PT, LPC](#)

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[Susan Parsons, M.Ed., LPC](#)

[Michael Saladin, Ph. D](#)

[Linda Scott, MA, LPC, CAC](#)

[Catherine Anne Walsh, Ph.D.](#)

Sexual Orientation and/or LGBT-Specific Issues:

[Bonnie F. Cleaveland, Ph.D, ABPP](#)

[Ciri Colee, MED, MDIV, LPC](#)

[Katherine Donovan, MD](#)

[John S. Hyatt, MA, LMFT](#)

[Carol J. Manheim, MS, M.Ed, PT, LPC](#)

[Barbara Melton M.Ed, LPC, NCC](#)

[Dan Miller, LMSW, HS-BCP, CART](#)

[Jeffrey G Nigro, LCSW-CP](#)

[Susan Parsons, M.Ed, LPC](#)

[Linda Scott, MA, LPC, CAC](#)

[Catherine Anne Walsh, Ph.D.](#)

Substance Abuse/Dependency:

[LifeRing Secular Recovery](#)

[Barbara Melton M.Ed, LPC, NCC](#)

[Jeffrey G Nigro, LCSW-CP](#)

[Michael Saladin, Ph. D](#)

[Linda Scott, MA, LPC, CAC](#)

Christine R Bachman, Psy.D

1 Poston Road, Suite 145

Charleston, SC 29407

Phone: (843) 556-4157 Fax: (843) 763-8747

Areas of practice include: Depression, Anxiety, relationship issues, couples counseling.

Referred by several AFFA members; seven years of counseling the LGBT community. Teaches graduate school courses including attention to cultural sensitivities and minorities.

Accepts most insurance. Sees patients ages 18 years and older.

Bonnie F. Cleaveland, Ph. D, ABPP

1173 Southgate Drive, Suite A

Charleston, SC 29407

Phone: (843) 571-4005

Website: www.bonniecleveland.com

Areas of Practice Include: Anxiety Disorders, Post-Traumatic Stress Disorder, Obsessive-Compulsive Disorder, phobias, and sexual orientation. Has seen many gay and lesbian individuals over the course of many years for issues related to and unrelated to sexual orientation.

Initial evaluation costs \$140, subsequent sessions \$130. Insurance is accepted as well as crime victim compensation, SC Vocational rehabilitation, and workers' compensation. Sees patients over age 16.

Ciri Colee, MED, MDIV, LPC

39 Broad Street Suite 206

Charleston SC 29401 Phone: (843) 814-3348 email: ciricolee@gmail.com

Website: <http://www.coleecounseling.com/>

Areas of practice include: bereavement, trauma and abuse, relationship issues, LGBT advocacy, inclusive spirituality. Has extensive experience with youth, gender, and sexual orientation issues. Was executive director of We Are Family (nonprofit for LGBT youth) for several years. Currently works as the clinical manager for Adolescent

Treatment Services at the Charleston Center

Hour-long sessions cost \$95. Personal checks, cash, and credit cards accepted.

Katherine Donovan, MD

154 Wentworth Street

Charleston, SC 29401

Phone: (843) 723-1117

Areas of practice include: Depression, Anxiety, Bipolar Affective Disorder (BPAD). Has worked with transgendered individuals, also gay and lesbian couples and individuals, including help with the process of coming out.

Initial Evaluation is \$350, subsequent sessions cost \$200. Sees patients over age 18.

Diane Hamrick, Ph.D

655 St. Andrews Blvd. Charleston, SC 29470

Phone: (843) 571-2040, Fax: (843) 556-0701

Areas of practice include: child, adolescent and adult development and social/ emotional intelligence, couples (communication and intimacy) therapy, individual identity and personality development. Has worked with the LGBT community for 37 years. Works with HIV/AIDS patients and survivors.

Hourly fee for first session is \$120; individual sessions cost \$110; couples sessions cost \$120. Works with a sliding scale on a needs basis.

Suellen Hawkins, LISW

263 King Street

Charleston, SC 29401

Phone: (843) 723-4441

Practices adult individual and couples therapy. Experience in work with individuals and couples regarding gender and sexuality issues in relationships, home life, and the workplace.

Initial Evaluation costs \$140, subsequent sessions \$125. Accepts state health plans. Sees patients over age 18.

Norma Lynn Higgins, LISW-CP

16 Fulton St
Charleston, SC 29401
Phone: (843) 568-0850

Areas of practice: Depression, Anxiety, Eating Disorders, Panic Disorder, PTSD. Experienced in working with gay and lesbian clients, also HIV+ individuals. Sessions cost \$115, reduced rates available on a limited basis. Accepts several insurance plans, including State BlueCross/BlueShield and Tricare. Works with youth on a case-by-case basis. Limited availability (sees patients three Saturdays/month).

Noel Hunt, MD

409 Coleman Blvd.
Mt. Pleasant, SC 29464
Phone: (843) 881-5776, Fax: (843) 881-7616

Practices general adult Psychiatry. Led gay men's group for ten years. Insurance and Medicare not accepted. Works only with adults.

John S. Hyatt, MA, LMFT

2366 Ashley River Rd. #8
Charleston, SC 29414 (843) 901-9855 johnshyattlmft@gmail.com

Areas of practice include: couples and family therapy, relationship issues, parenting issues, LGBT issues, depression, anxiety, grief/loss, and stress and anger management. Has personal experience with adoption as part of a same-sex couple. AFFA member. Sessions (50 min.) \$90. 10% discount for AFFA members. Accepts cash and credit cards. In network for BlueCross/BlueShield of SC, the Federal Employees Program and the State Health Plan

LifeRing Secular Recovery

Phone: (843) 277-0948

Website: <http://liferingsc.info>

LifeRing is a self-help support group for all people who want to get and stay clean and sober. Meets every Friday at 7:00pm at the Unitarian Church in Charleston, located at 4 Archdale Street. Operates under the "Three-S" philosophy: Sobriety, Secularity, SelfHelp.

Carol J. Manheim, MS, M.Ed, PT, LPC

Plantation Plaza Therapy Center
12-C Carriage Lane
Charleston, SC 29407
Phone: (843) 556-6363

Areas of practice include: relationship issues, Depression, Anxiety, disability issues and chronic health conditions. Dually licensed as a physical therapist. Member of the Association for Lesbian, Gay, Bisexual and Transgender Issues in Counseling. Baseline fee is \$75/hour. Fees may be reduced on an individual basis. Office is totally accessible and wheelchair friendly. Primarily sees adults, but also comfortable with teenagers.

Barbara Melton M.Ed, LPC, NCC

215 East Bay Street, Suite 201-D

Charleston, SC 24901

Phone/Fax: (843) 723-8002

Summerville Office: 122 Alicia Dr, Summerville SC 29483

Email: bmelton@homesc.com

Web site: www.barbarameltonlpc.com

Areas of practice include: couples, grief/loss, trauma, Bipolar Affective Disorder (BPAD), Depression, Anxiety, PTSD, substance abuse/dependence. Member of PLFAG, has worked with members of the LGBT community, including those slated for gender re-assignment surgery.

Sessions cost \$85 per hour. Sees only patients over 16

Dan Miller, LMSW, HS-BCP, CART

Mediator, Family Interventionist, Educational Facilitator, Adolescent Life Coach

843-475-5410

dancharlesmiller@yahoo.com

Areas of practice include: Using a family system approach to provide in-home Family Intervention and Coaching services to families that may be struggling with developmental, structural, and behavioral needs. Has helped with children, ages 3-21 years old, for the past 10 years with needs such as; anxiety, stress management, anger management, social development, depression, ADHD, trauma, abuse, neglect, nontraditional families, divorce, and coming out as LGBT.

In-home hourly rate is \$100 an hour, sliding scale option is available, insurance is not accepted.

Jeffrey Nigro, LCSW-CP

571 Savannah Hwy

Charleston SC 29407

843-718-6441

Areas of practice include: Counseling, substance abuse counseling, couples therapy, stress management.

Susan Parsons, M.Ed, LPC (AFFA sponsor)

1002 Anna Knapp Blvd STE 104 Mount Pleasant, SC 29464 Phone: (843) 881-0730

Areas of practice include: general issues, end of life, relationship, infidelity, PTSD, chronic illness (including cancer, AIDS, ALS), Certified Rubenfeld Synergist*, Expressive Arts Therapy. Specialized in same-sex couples and domestic abuse in graduate school. Extensive experience with "coming out" issues, including family issues associated with the process of coming out. Sessions cost \$120; 10% discount to AFFA members.

* Practices the Rubenfeld Synergy Method, which combines psychotherapy with body work to help release emotion, trauma, and pain that is stored in the body. Visit <http://www.rubenfeldsynergy.com/>

Michael Saladin, Ph. D

West Ashley Behavioral Health Services Clinic

Phone: (843) 792-9110 (Call for appointments and directions.)

Areas of practice: Anxiety Disorders, PTSD, Depression and other affective disturbance, substance use disorders, couples therapy, relationship enhancement. Experienced with the LGBT community.

Accepts most major insurance. Works with adults and occasionally adolescents.

Linda Scott, MA, LPC, CAC

East Cooper Counseling

1002 Anna Knapp Blvd. Suite 203

Mt. Pleasant, SC 29464

Phone: (843) 810-6937

Website: www.lscotttherapy.com

Areas of practice include: alcohol and drug-related problems, Anxiety Disorders, Couples/Marital Counseling, Eating Disorders, LGBT issues, Mood Disorders. Serves:

adults, adolescents, families, and couples. Licensed Professional Counselor and Certified Addictions Counselor.

Susan Staub, LISW

886 Johnnie Dodds Blvd.

Mt. Pleasant, SC 29464

Phone: (843) 367-1210

Areas of practice include: Sex therapy, marital-relationship specialty, Post Traumatic Stress Disorder, sexual abuse. Certified Sex Therapist.

Sessions cost \$120 per hour, sliding scale option is available.

Teddy Stockwell, LPC

105 Wappoo Creek Drive, Suite 2B

Charleston, SC 29412

Phone: (843) 406-0013

Practices adolescent psychology. Some experience with gay and lesbian clients. Accepts insurance; does a sliding scale.

Catherine Anne Walsh, Ph.D.

1060 Cliffwood Dr STE B (off Coleman, near Shem Creek)

Mt Pleasant SC 29464

Phone: (843) 884-3121

Fax: (843) 849-7728

email: cawalshphd@talkingdoc.net (not confidential)

web site: www.talkingdoc.net

Areas of practice include: Cognitive-behavioral therapy for depression and all anxious disorders (PTSD, generalized anxiety disorder, panic disorder, agoraphobia) and adjustment issues, couples/marital therapy.

Over 15 years working with LGBT clients (member of national AFFIRM network in APA-Psychologists Affirming their LGBT Family.) More than 25 years working with LGBTQ youth.

See website for insurance panels with which Dr Walsh works. \$150 for initial visit (1 hr +); \$125 for 50 min sessions thereafter.